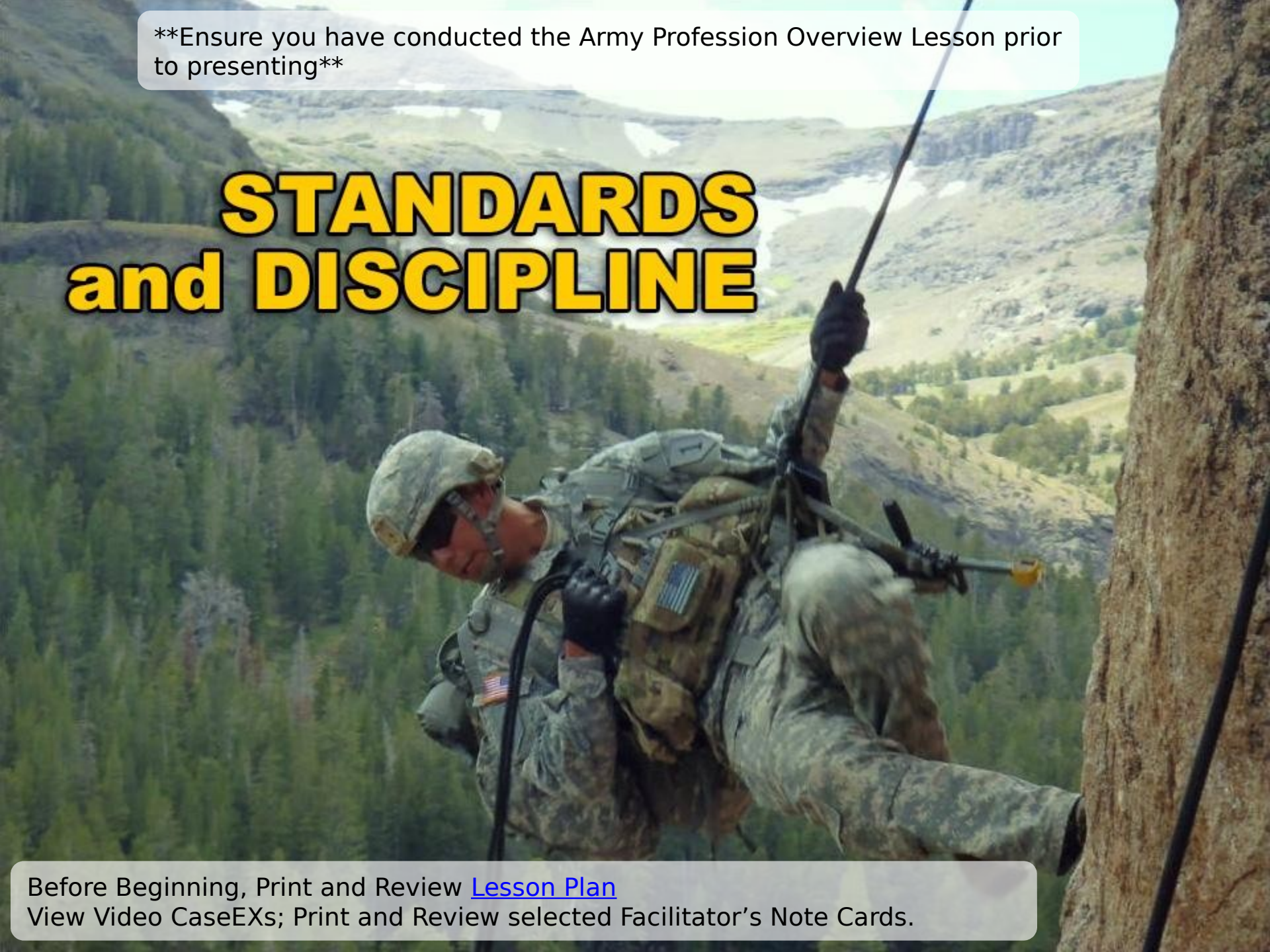
Ensure you have conducted the Army Profession Overview Lesson prior to presenting



Before Beginning, Print and Review Lesson Plan
View Video CaseEXs; Print and Review selected Facilitator's Note Cards.

Learning Outcomes
Recognize and be able to discuss:

Army Professionals:

- Can clearly communicate and meet standards that are describable, measurable, meaningful, and achievable.
- Uphold standards and develop discipline through face-to-face coaching, counseling, and mentoring.
- Demonstrate discipline in performing right actions, taking situational ownership and assuming accountability for results.
- Understand that discipline is the positive way the Army practices its profession.

Standards and Discipline

What are Standards?

- Standards are formal, detailed instructions – describable, measurable, and achievable.
- While a standard normally represents the minimum level for satisfactory performance of duty, Army Professionals aspire to exceed the standard.
- Standards include rules and regulations, specifications, operational requirements, and models of personal excellence.

Aspiring to Excellence

- Army Professionals demonstrate personal excellence and pride through standards and discipline
- By upholding the Army Uniform and Insignia Standard (AR 670-1), we hold ourselves accountable to a high but achievable standard
- Professionals continually review and improve standards over time
- Indicator of character: a disciplined person can be counted on in difficult times.

Army Professionals Embrace a New Uniform Standar

AR 670-1
(2014)

"Our Army has always prided itself on military appearance, its uniforms and proper grooming, and these changes don't change that commitment. Each of us must ensure we not only know the regulations, but also embrace the underlying reasons for their implementation."

-- Sergeant Major of the Army
Raymond F. Chandler

What is Discipline?

- ***For an individual***, self-discipline is the ability to control one's behavior. Self-discipline expresses what the Army Values require – willingly doing what is right.
- ***For an organization,*** discipline is a mindset to practice sustained, systematic actions.
- ***For Army Professionals,*** discipline is the positive way the Army practices its Profession.

Discipline is based on pride in the profession of arms, on meticulous attention to details, and on mutual respect and confidence. Discipline must be a habit so engrained that it is stronger than the excitement of battle or the fear of death.

- General George S. Patton, Jr.

ADRP 1

Discipline is central to the Army's Professional Identity.

ADRP 1

Army Professionals are Certified by their Demonstrated:

Competence:

Army Professionals' demonstrated ability to successfully perform their duties and to accomplish the Mission with **discipline and to standards.**

Character:

An Army Professional's dedication and adherence to Army Values and the Profession's Ethic as consistently and faithfully demonstrated in decisions and actions.

Commitment:

The resolve of Army Professionals to contribute Honorable Service to the nation, **to perform their duties with discipline and to standards**, and to strive to successfully and ethically accomplish the mission despite adversity, obstacles, and challenge.“

Case Examples

Click on an image to watch the video.

Discipline (2:59)
Facilitator's Card

Adherence to Standards
(2:51, 2:15)
Facilitator's Card

Apply the Learning

- Where could we include the positive aspects of **standards and discipline** in our organization?
- How are we demonstrating **professional discipline** in our daily interactions?
- How are we **stewarding the profession** by owning standards and upholding discipline?
- How do **standards and discipline**

Conclusion

Army Professionals:

- Can clearly communicate and meet standards that are describable, measurable, meaningful, and achievable.
- Uphold standards and develop discipline through face-to-face coaching, counseling, and mentoring.
- Demonstrate discipline in performing right actions, taking situational ownership and assuming accountability for results.
- Understand that discipline is the positive way the Army practices its profession.

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